

FRIDAY NIGHTS IN MARCH

MARCH MONTH OF RENEWAL

A SPRING RETURN



March 3rd
Yoga Nidra
with Tracee



March 10th
Gong Bath
Meditation
with Fawntice



March 17th
Chakras and
Sound
with Sherida



March 24th
108 Sun
Salutes
with Raja

Join in four Fridays of healing and enrichment just for you! Each Workshop begins at 7 p.m. with a suggested donation of \$25. No person turned away for lack of funds.

At Green Tree Yoga & Meditation