

# HEAL WITH SOUNDS

GONG BATH MEDITATION

with  
**Fawntice Finesse**

**Certified Sound Therapist & C-IAYT Yoga Therapist**



**JULY 29**

**Sunday**

**4:00- 5:30 PM**

**\$35**

**Fawntice leads your  
Sunday afternoon Sound Healing  
with her signature gong bath.  
Experience the powerful vibrations of  
multiple gongs, as you clear energetic  
blockages, allowing space to express  
the light in your heart.**

**As part of the sound healing, each  
attendee will have the opportunity to  
play a gong, sending your private,  
personal, and positive intention to  
ripple on the sound waves out into the  
world.**

**For optimal comfort, wear your socks,  
bring your mat, a pillow, blanket,  
water, and eye pillow if you'd like.**



Shaanti Yoga

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<https://www.shaanti.yoga>