

FRIDAY NIGHTS IN APRIL

APRIL MONTH OF RENEWAL

A SPRING RETURN TO YOU.



April 6th
Gong Bath
Meditation
with Fawntice



April 13th
Ayurveda History
& the Doshas
with Kiana



April 20th
Yoga Nidra
with Tracee



April 27th
Kemetic Yoga
with Lauren

Join in four Fridays of healing and enrichment just for you! Each Workshop begins at 7 p.m. with a suggested donation of \$25. No person turned away for lack of funds.

At Green Tree Yoga & Meditation