

# 7 CHAKRA BLISS

## Essential Oils & Sound Healing Meditation

with *Amanda Broomell & Fawntice Finesse*



**Amanda Broomell**

Certified Holistic Health Counselor  
Essential Oil Educator  
[mydoterra.com/amandabroomell](http://mydoterra.com/amandabroomell)  
Founder of Real Urban Wellness  
[www.realurbanwellness.com](http://www.realurbanwellness.com)



**Fawntice Finesse**

Certified Sound & Yoga Therapist  
Certified Aromatherapy Practitioner  
Certified Reiki Master Practitioner  
Professional Musician (MFA)  
[www.healwithsounds.com](http://www.healwithsounds.com)

**JUL 10**  
**SUN**  
**6:00-8:00PM**

**\$35**  
in advance  
**\$40**  
day of

Bask in the blissful scent and self application of therapeutic grade essential oils as Amanda leads your guided chakra balancing meditation.

Simultaneously rest in the vibrational healing of Tibetan Singing Bowls with Fawntice leading your group sound healing, ending with a transformational planetary gong bath journey.

Essential oils and sound therapy have profound abilities to heal our bodies and calm our minds. Stressful situations and anxiety can cause an imbalance of our chakras, or energy centers, which can lead to negative effects on our physical and emotional bodies. Join this workshop, find balance & experience bliss!

**Sign Up at [YOGABLISS-STUDIO.COM](http://YOGABLISS-STUDIO.COM)**

**YOGA BLISS // 6218 W MANCHESTER AVE // LOS ANGELES, CA 90045**