

MAR
20
Sunday
5:30-7:00PM

SPRING EQUINOX DETOX

A RESTORATIVE YOGA,
ESSENTIAL OILS, &
SOUND HEALING EXPERIENCE



Fawntice Finesse

*Certified Sound & Yoga Therapist
Certified Reiki Master
Professional Musician*



\$40

or bring a
friend for
\$35

Certified sound & yoga therapist Fawntice Finesse leads our pathway from Winter to Spring with a Spring Equinox Detox.

Through the scent and application of therapeutic grade essential oils, combined with restorative yoga, and a blissful & healing sound bath we will cleanse and refresh the mind, body, and spirit, rejuvenating us for the coming season.

TO RESERVE YOUR SPACE SIGN UP ONLINE AT
myomyogahome.com/workshops-events or call (714) 421-0865

My Om Yoga Home 19051 Goldenwest St #103, Huntington Beach, CA 92648