

# YIN & GONG

With Raja Michelle & Fawntice Finesse

JAN  
7

SATURDAY  
6:30 - 8:30 PM



Raja Michelle, E-RYT

Enjoy an evening of deep stretch and deep sound vibration. We will move through Yin and Restorative shapes while being supported & unwound with the comfort of yoga props and the powerful, therapeutic, & mindfully played sound of the Gong.

Join Raja & Fawntice in this magical offering of yoga and sound.



Fawntice Finesse, E-RYT & Certified Sound Healer



\$40 pre-registered, or \$45 at the door

Register online at [www.godayoga.com](http://www.godayoga.com)

Space is limited, pre-registration is suggested

