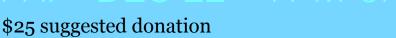
## WINTER SOLSTICE Sound Healing with Fawntice Finesse

MFA, E-RYT-500, C-IAYT certified sound healer & certified yoga therapist





## FRI • DEC 22 • 7PM-9PM





Lay back on your mat and feel the tension melt away as you are guided through a relaxation meditation with the magical antique Tibetan singing bowls. Clear energetic blockages and open your heart to the powerful & transformative sound vibrations of the gong. Afterwards we'll toast our joy filled hearts together with apple cider.



Refreshments available for sale by the renowned Babas Vegan Cafe.

**Green Tree Yoga & Meditation Foundation** 

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