

WINTER SOLSTICE Sound Healing with Fawntice Finesse

MFA, E-RYT-500, C-IAYT
certified sound healer & certified yoga therapist



FRI • DEC 22 • 7PM-9PM



\$25 suggested donation

❄️ **Experience True Winter Wonderland Holiday Magic** ❄️

Lay back on your mat and feel the tension melt away as you are guided through a relaxation meditation with the magical antique Tibetan singing bowls. Clear energetic blockages and open your heart to the powerful & transformative sound vibrations of the gong. Afterwards we'll toast our joy filled hearts together with apple cider.



Refreshments available for sale by the renowned Babas Vegan Cafe.

Green Tree Yoga & Meditation Foundation

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