

# HEAL WITH SOUNDS

## New Moon Sound Bath

with Professional Musician, Certified Sound Healer, & C-IAYT

# Fawntice Finesse



**FRI**

**JAN 24th**

**7:00 PM**

**\$30 - early bird  
\$35 - day of**

**It's new moon day, a perfect time to set positive intentions with the power of sacred sound. Clear energetic blockages and put a spring in the step of your life's purpose, allowing space to express the light in your heart.**



### Benefits of Sound Healing

Sound and music have been regarded as healing and medicinal tools of body, mind, and spirit across cultures and from the beginning of time, playing an important role in individual and social wellness. Modern science has proven that the body's nervous system responds to healing sound vibration by inducing the relaxation response and meditative mind, as our muscles, bones, tissues, internal organs, cells and molecules are gently massaged. This greatly reduces stress, enhances wellbeing, and triggers additional successful healing transformation.

During your group Sound Bath with Fawntice Finesse, the Tibetan singing bowls, bells, gong, and other sacred instruments are mindfully played, enveloping you in healing sound vibrations. Lay back comfortably & cozily and enjoy.