

NEW MOON SOUND BATH

with

Fawntice Finesse

Certified Sound & Yoga Therapist



March 25

Saturday

7-9 PM

\$20 suggested
donation

It's a new moon and a new season, such a powerful time to set positive intentions with the power of sacred sound. Clear energetic blockages and put a spring in the step of your life's purpose, allowing space to express the light in your heart. This group sound healing experience is led by professional musician, certified sound healer, and certified yoga teacher Fawntice Finesse, and includes antique Tibetan singing bowls, sacred bells, & the Paiste gong.

Note: Wear your socks and feel free to bring your mat, pillow, blanket, water, and something to cover your eyes to aid in your ultimate sound bath experience.