

# HEAL WITH SOUNDS

NEW MOON

GONG BATH MEDITATION

with  
**Fawntice Finesse**

Certified Sound Therapist & C-IAYT Yoga Therapist

The new moon is a powerful time to wipe the slate clean and begin again when we feel the need, to reflect on focused intentions leading towards manifestations, and to experience the healing vibrations of sacred sound.

Fawntice leads this month's new moon energy sound healing with her special signature gong bath. Experience the powerful vibrations of multiple gongs, as you clear energetic blockages, allowing space to express the light in your heart.

As part of the sound healing, each attendee will have the opportunity to play a gong, sending your private, personal, and positive intention to ripple on the sound waves out into the world.



**OCT 7**

Sunday

4:00- 5:30 PM

\$35



Shaanti Yoga

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