HEAL WITH SOUNDS

≈Yoga Bliss

FULL MOON SOUND BATH

with certified sound healer

Fawntice Finesse



6:00 PM

SAT

\$30 in advance \$35 day of

> Join us for our Fall season full moon sound healing. Once a month we gather the week of the full moon to get cozy with ourselves and clear energetic blockages, making space for deep healing, inner peace, and your personal intentions to resonate freely. Relax on your mat and allow the vibrations of the antique Tibetan singing bowls, gong, and other sacred instruments to take you into a deep meditative state.