

HEAL WITH SOUNDS sound bath at YOU & THE MAT

Orange County

with **Fawntice Finesse**

certified sound & yoga therapist



It's our **New Year, New Moon Sound Bath**. This first New Moon of 2017 is a perfect opportunity to reflect on positive intentions moving into manifestation, aided by the power of sacred sound. Clear energetic blockages, allowing space to express your authentic joyful heart with the **magic** of the antique Tibetan singing bowls, gong, chimes, & sacred bells.

Fri • Jan 27 • 6:45 PM

\$35, \$25 for members



YOU
& THE
MAT.

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