HEAL WITH SOUNDS

NEW MOON SOUND BATH

₩ Yoga Bliss Westchester Studio

with certified sound healer

Fawntice Finesse



6:00 PM

\$30 in advance \$35 day of

Join us for our first new moon sound healing of the decade! Once a month we gather the week of the new moon to get cozy with ourselves and clear energetic blockages, making space for deep healing, inner peace, and your personal intentions to resonate freely. Relax on your mat and allow the vibrations of the antique Tibetan singing bowls, gong, and other sacred instruments to take you into a deep meditative state.