

HEAL WITH SOUNDS sound bath at **YOU & THE MAT**

Orange County

with **Fawntice Finesse**

certified sound & yoga therapist



Fawntice leads our path to the February New Moon with her special signature Gong Bath. Experience the powerful vibrations of multiple gongs as you clear energetic blockages, allowing space to express the light in your heart. As a part of our sound healing each attendee will have the opportunity to play a gong, sending your private, personal, and positive intention to ripple on the sound waves out into the world.



Fri • Feb 24 • 6:45 PM

\$35, \$25 for members



**YOU
& THE
MAT.**

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