

HEAL WITH SOUNDS

NEW MOON

GONG BATH MEDITATION

with

Fawntice Finesse

Certified Sound Therapist & C-IAYT Yoga Therapist

**It's a New Moon Day
Manifestation Sound Bath!**

**Fawntice leads our May
new moon sound healing with her
special signature gong bath.
Experience the powerful vibrations of
multiple gongs, as you clear energetic
blockages, allowing space to express
the light in your heart.**

**As part of the sound healing,
each attendee will have the opportunity to
play a gong, sending your private, personal,
and positive intention to ripple on the
sound waves out into the world.**

**For optimal comfort, wear your socks,
bring your mat, a pillow, blanket, water,
and eye pillow if you'd like.**



MAY 4

Saturday

4:00- 5:30 PM

\$35 for public

\$30 for members



Shaanti Yoga

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<https://www.shaanti.yoga>