

# HEAL WITH SOUNDS:

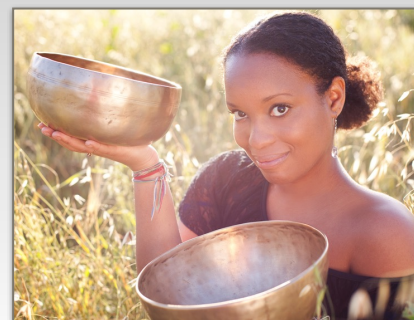
Private & Group Sound Healing

IN ALOHA PARADISE MAUI, HAWAII

with Certified Sound Healer, Professional Musician, and Yoga & Meditation Teacher

## Fawntice Finesse

*With support from the Nada Brahma Foundation*



**Wednesday October 12**

**SUBTLE BODY AWARENESS**

Restorative Yoga & Sound Healing

at Mangala Yoga Studio - Makawao Studio

1170 Makawao Ave., Makawao, Maui, HI 96768

[www.mangalayogastudios.com](http://www.mangalayogastudios.com) • (808) 359-2252

3pm-4pm, \$15 in advance, \$20 day of

**Sunday October 16**

**FULL MOON RELEASE & RELAXATION**

Sound Bath Meditation

at Temple Of Peace

575 Haiku Road, Haiku, Maui, HI 96708

[www.templeofpeacemaui.com](http://www.templeofpeacemaui.com) • (808) 575-5220

7pm-8:30pm, \$20

**Sunday October 23**

**HEART'S DESIRE MANIFESTATION**

Sound Bath Meditation

at Temple Of Peace

575 Haiku Road, Haiku, Maui, HI 96708

[www.templeofpeacemaui.com](http://www.templeofpeacemaui.com) • (808) 575-5220

7pm-8:30pm, \$20

**Saturday October 29**

**SOUND HEALING WORKSHOP:  
UNRAVELING THE MYSTERY**

Lecture & Demonstration

at Makawao Union Church

1445 Baldwin Ave., Paia, HI 96768

[makawaunionchurch.com](http://makawaunionchurch.com) • (808) 579-9261

2pm-4pm, \$30

**October 14 - November 5**

**PRIVATE SOUND HEALING**

Experience the instruments directly on your body

In Haiku, Maui, Hawaii

To make an appointment email: [info@healwithsounds.com](mailto:info@healwithsounds.com)

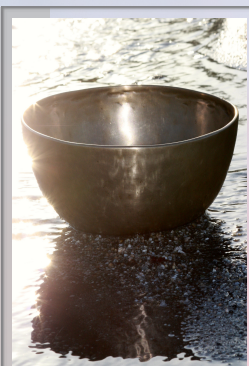
Prices range from \$150-\$270

**November's Final Aloha Concert, TBA**

### Benefits of Sound Healing

Sound and music have been regarded as healing and medicinal tools of body, mind, and spirit across cultures and from the beginning of time, playing an important role in individual and social wellness.

Modern science has proven that the body's nervous system responds to healing sound vibration by inducing the relaxation response and meditative mind, as our muscles, bones, tissues, internal organs, cells and molecules are gently massaged. This greatly reduces stress, enhances wellbeing, and triggers additional successful healing transformation.



During your private & group sound healing with Fawntice Finesse, the Tibetan singing bowls, bells, gong, tuning forks, and other sacred instruments are mindfully played, enveloping you in healing sound vibrations.

Lay back comfortably & cozily and enjoy.

[www.healwithsounds.com](http://www.healwithsounds.com)