

KING-CHAVEZ Peace Garden

Garden & Gong Bath Meditation

with Fawntice Finesse, & guests Julz Chavez & Masha Calloway



HONOR EARTH as our ancestors did, UPLIFT COMMUNITY, & TRANSFORM SELF

Green Tree Yoga & Meditation's community garden project is expanding! We're bringing healthy organic food to the community and learning how to self-sustain and **THRIVE ABUNDANTLY** within ourselves, our families, and our surroundings.



- ▶ Help plant the new King-Chavez Peace Garden, as we honor the peaceful movement Dr. Martin Luther King Jr. and Cesar E. Chavez instilled in us.
- ▶ Learn the mindful practice of easily planting, nurturing, and harvesting your own food from the comfort of your house or apartment!
- ▶ Plant the seeds of peace, healing ourselves and our community with our relaxing and transformative sound healing meditation.



Julz Chavez

Founder & Principle at
StoryMaker Media
Grand Niece of Cesar Chavez



Masha Calloway

LA County Master Gardener &
Garden Educator



Fawntice Finesse

MFA, Certified Sound Healer,
E-RYT, Certified Yoga Therapist, &
Garden Meditator at #HealWithSounds

SATURDAY • SEPTEMBER 3 • 1:00-4:00 PM

\$25 suggested donation



refreshments available for sale by Baba's Vegan Cafe

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